

MENTAL HEALTH INITIATIVE

Mental health is the #1 community need in Washington County. In 2024, 2,824 calls were made to 211 in Washington County for mental health help. Too many youth can't get care because of cost, lack of insurance, or long wait times.

FILLING AN URGENT GAP

United Way has invested **more than \$170,000** with **three nonprofit partners** to expand access to mental health programs for uninsured and underinsured youth:

- **Catholic Charities** offers low-cost or free individual, group and family counseling. Open to all faiths, cultures and backgrounds.
- **Youth & Family Project** provides school-based and onsite counseling in partnership with school guidance counselors.
- **Kettle Moraine YMCA** offers free teen mental health programming and skill-building.

WHY IT MATTERS

- Removes barriers like cost and transportation.
- Gets help to kids faster.
- Builds coping skills, emotional health, and brighter futures.

YOUR DOLLARS ARE MAKING A DIFFERENCE IN WASHINGTON COUNTY

- Donate to keep these services going.
- Spread the word to families in need.

Together, we can give youth the care they need – when they need it most.

