



United Way of  
Washington County

# MENTAL HEALTH INITIATIVE

## 2022

NEW INVESTMENT - \$204,000



### Catholic Charities – Youth & Family Counseling Program Youth & Family Project – Group Counseling Program

In 2021, Washington County saw a total of 4,433 calls to IMPACT 211 for mental health services. Access to individual counseling services is a critical need for the community. To help address this need, the United Way is investing in two agencies to provide mental health counseling services to youth for 2022.

In 2019 United Way's Vision Council identified mental health as a top priority. The pandemic increased the need for services and funding was directed to youth to receive individual counseling services and group therapy. The funding also addresses the need for additional counselors to deal with a shortage of providers.

For more information on the Mental Health Initiative visit our website at [www.UnitedWayofWashingtonCounty.org](http://www.UnitedWayofWashingtonCounty.org)

### 5 YEAR TARGET (June 2026)

- 90% of school age children and families in need of mental health services are connected to resources.
- 75% of school age children and families receiving mental health services report improvement in their mental health issue and are able to return to a healthy self-sufficient lifestyle.
- 50% increase in the number of schools providing access to mental health services including individual counseling and group therapy.